



REPORT FOR A MEDICAL OUTREACH CONDUCTED AT NTABAS COMMUNITY ON SEPTEMBER 25, 2024.

Introduction

On 25th September 2024, Mugie Conservancy, in collaboration with its partners, conducted a community medical outreach at Ntabas Nursery School in Ntabas Community. This initiative aimed to provide essential health services to a marginalized population with limited access to medical care. The outreach focused on raising awareness about health, sanitation, family planning, and immunization while providing medical treatment to those in need. The event marked another significant step in Mugie Conservancy's ongoing commitment to improving the health and well-being of local communities.

Highlights:

- One of the key focus areas of the outreach was improving sanitation and hygiene practices in the Ntabas Community. Currently, the community has few latrines, which has led to challenges such as gastrointestinal diseases due to poor sanitation practices. During the awareness session, we emphasized the importance of constructing and maintaining proper latrines to reduce the prevalence of such illnesses.
 - Additionally, the session addressed the health risks associated with smoky manyattas, where families typically cook in the same space where they sleep. The lack of ventilation in these homes has been linked to respiratory issues, especially among children and the elderly. The community was encouraged to separate their kitchens from their sleeping areas and improve ventilation by constructing ventilated homes. These recommendations were met with great interest, as they align with the community's desire to improve their living conditions.
- Immunization services were also offered during the outreach. Four children were immunized, ensuring their protection against various preventable diseases. This was a critical intervention aimed at improving the health and longevity of children in the community.
- A total of 211 patients received treatment for various ailments. This outreach was vital in providing healthcare to those who often lack access to medical facilities due to the remote location of Ntabas.
- Family Planning Talk In anticipation of World Contraception Day, which falls on 26th September 2024, a family planning talk was held. The session aimed to educate the community on the importance of family planning in improving maternal health and managing family size for economic and social well-being.

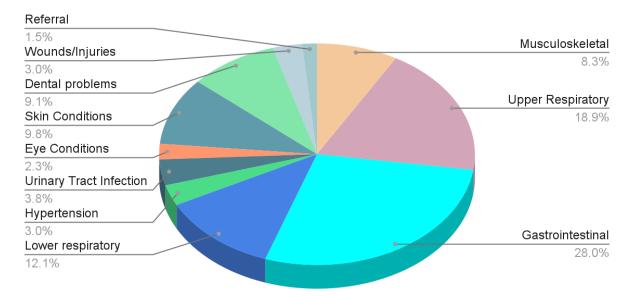




Patients Report

Above 5 years: **132** were seen over the age of 5 years. Below is a pie chart that gives a picture of what was managed. No referral was made.

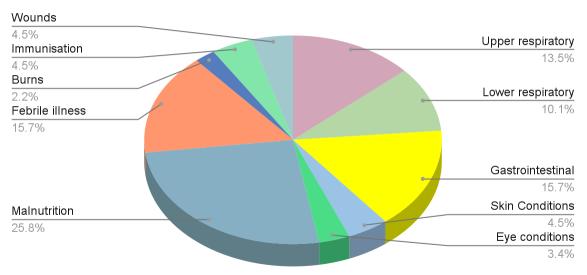
Ntabas Medical Outreach (Over 5 Years) - 25/09/2024.



Below 5 years

89 patients below the age of 5 years were seen in this outreach. Below is a pie chart.

Ntabas Medical Outreach(Under 5 years) - 25/09/2024







Costs Incurred

Below is what was incurred for the outreach.

Item	Details	Costs
Drugs	Variety	10,765.19
Lunch	2 people	700.00
Moyo Vehicle Fuel Cost.	Traveling 54 kilometers. Estimated fuel efficiency: 1 liter per 7 kilometers (Cost of fuel: 215.0 Kenyan Shillings per liter)	1,658.57
Total		13,123.76







Conclusion

The community medical outreach at Ntabas Nursery School was a resounding success, thanks to the collaborative efforts of Mugie Conservancy and its partners. This initiative not only provided essential health services but also fostered greater awareness about critical health issues facing the community. Moving forward, we recognize the need for continued partnership and coordination to address health challenges effectively. By working together, we can build a healthier future for the Ntabas Community and beyond.



Report by: Charles Vaati, Mugie Conservancy Clinical Officer.